## CHINA ECONOMIC, POPULATION, NUTRITION, AND HEALTH SURVEY

) |1993 HOUSEHOLD DIETARY SURVEY


1. Name and line number of the most important person in planning meals in the household.

Name and line number of the assisting person in planning meals in the household.
2. Name and line number of the most important person in preparing meals in the household.

Name and line number of the assisting person in preparing meals in the household.
Name $\qquad$ Line Number $\square \square$ V1

Name $\qquad$ Line Number $\square \square$ V2

Name $\qquad$ Line Number $\square \square$ v Survey of household major food sources for the last month.
TABLE 1

| Code 3 | $\begin{gathered} \text { Item } \\ 4 \end{gathered}$ | State Store Level Price |  | State Store Market Price |  | Free Market |  | Household-Produced |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | $\begin{array}{\|c} \hline \text { Consumed?* } \\ (1 / 0) \\ 5 \\ \hline \end{array}$ | Quantity? $6$ | $\begin{array}{\|c\|} \hline \text { Consumed?* } \\ (1 / 0) \\ 7 \\ \hline \end{array}$ | Quantity? $8$ | $\begin{array}{\|c\|} \hline \text { Consumed?* } \\ (1 / 0) \\ 9 \\ \hline \end{array}$ | Quantity? 10 | $\begin{array}{\|c} \hline \text { Consumed?* } \\ (1 / 0) \\ 11 \\ \hline \end{array}$ | Quantity? $12$ |
|  | rice | V6 | \|V7 $\square$ | V8 | V9 | V10 | V11 | V12 | V13 <br> $\square \square \square$ |
| 2 | wheat flour | $\square$ | $\square \square \square$ | $\square$ | $\square \square \square$ | $\square$ | $\square \square \square$ | $\square$ | $\square \square \square$ |
| 3 | other grains | $\square$ | $\square \square \square$ | $\square$ | $\square \square \square$ | $\square$ | $\square \square \square$ | $\square$ | $\square \square \square$ |
| 4 | cooking oil | $\square$ | $\square \square \cdot \square$ | $\square$ | $\square \square \bullet \square$ | $\square$ | $\square \square \bullet \square$ | $\square$ | $\square \square \cdot \square$ |
| 5 | eggs | $\square$ | $\square \square \cdot \square$ | $\square$ | $\square \square \bullet \square$ | $\square$ | $\square \square \cdot \square$ | $\square$ | $\square \square \bullet \square$ |
| 6 | pork (or beef or mutton) | $\square$ | $\square \square \cdot \square$ | $\square$ | $\square \square \bullet \square$ | $\square$ | $\square \square \bullet \square$ | $\square$ | $\square \square \bullet \square$ |
| 7 | sugar | $\square$ | $\square \square \cdot \square$ | $\square$ | $\square \square \cdot \square$ | $\square$ | $\square \square \cdot \square$ | $\square$ | $\square \square \cdot \square$ |

* Record 1 if bought; otherwise, record 0.

TABLE 2 RECORD OF HOUSEHOLD FOOD AMOUNTS

| Household ID: |  |  | Province (T1) |  | Site (T2) |  | City (County) (T3) |  |  |  | Neighborhood (Town/Village) (T4) |  |  |  | Household (T5) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Food Code (V14) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Food Name |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Initial Amount on Hand (jin) (V15) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Each Day | Amount purchased or grown (jin) (V24) | Amount discarde d (jin) (V25) | Amount purchased or grown (jin) (V24) | Amount discarde d (jin) (V25) | Amount purchased or grown (jin) (V24) | Amount discarde d (jin) (V25) | Amount purchased or grown (jin) (V24) | Amount discarde d (jin) (V25) | Amount purchased or grown (jin) (V24) | Amount discarde d (jin) (V25) | Amount purchased or grown (jin) (V24) | Amount discarde d (jin) (V25) | Amount purchased or grown (jin) (V24) | Amount discarde d (jin) (V25) | Amount purchased or grown (jin) (V24) | Amount discarde d (jin) (V25) | Amount purchased or grown (jin) (V24) | Amount discarde d (jin) (V25) |
| $\begin{array}{\|l} \hline \text { Day } 1 \\ \text { (V16) } \end{array}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{array}{\|l\|l} \hline \text { Day 2 } \\ \text { (V17) } \\ \hline \end{array}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{array}{\|l\|l\|l\|l\|} \hline \text { Day 3 } \\ \text { (V18) } \\ \hline \end{array}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{array}{\|l} \hline \text { Day } 4 \\ \text { (V19) } \end{array}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{array}{\|l\|} \hline \begin{array}{l} \text { Total (jin) } \\ \text { (V20) } \end{array} \\ \hline \end{array}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Total Remaining (jin) (V21) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Actual Consum p-tion (jin) (V22) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Consum p-tion per Person per Day (gm) (V23) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

TABLE 3 RECORD OF HOUSEHOLD MEALS PER PERSON PER DAY

| Household ID: |  | Province (T1) |  |  | Site (T2) |  |  |  | City (County) (T3) |  |  |  |  | Neighborhood (Town/Village) (T4) |  |  |  |  |  |  |  | Household (T5) |  |  |  |  |  |  |  |
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| Line Number(A1)* | $\square \square$ |  |  |  | $\square \square$ |  |  |  | $\square \square$ |  |  |  | $\square \square$ |  |  |  | $\square \square$ |  |  |  | $\square \square$ |  |  |  | $\square \square$ |  |  |  | Remark |
| Name |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Age (years) (V26) |  |  |  |  |  | $\square$ |  |  |  | $\square \square$ | $\square$ |  |  |  |  |  |  | $\square \square$ | $\square$ |  |  | $\square \square$ | $\square$ |  |  | $\square$ |  |  |  |
| $\begin{aligned} & \text { Gender** } \\ & \text { (V27) } \\ & \hline \end{aligned}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  |
| Occupation (V28) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Activity Level*** (V29) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | $\square$ |  |  |
| Time | $\begin{gathered} \text { Morning+ } \\ \text { V36 } \end{gathered}$ | Noon+ V37 | $\begin{gathered} \text { Dinner+ } \\ \text { V38 } \end{gathered}$ | Snack+ V39 | $\begin{gathered} \text { Morning } \\ \text { V36 } \end{gathered}$ | $\begin{array}{\|c} \text { Noon } \\ \text { V37 } \end{array}$ | $\begin{array}{\|c} \text { Dinner } \\ \text { V38 } \end{array}$ | $\begin{gathered} \text { Snack } \\ \text { V39 } \\ \hline \end{gathered}$ | $\begin{array}{\|c\|} \hline \text { Morning } \\ \text { V36 } \\ \hline \end{array}$ | $\begin{array}{\|c\|} \text { Noon } \\ \text { V37 } \\ \hline \end{array}$ | $\begin{array}{\|c} \text { Dinner } \\ \text { V38 } \end{array}$ | $\begin{gathered} \text { Snack } \\ \text { V39 } \\ \hline \end{gathered}$ | $\begin{array}{\|c} \text { Morning } \\ \text { V36 } \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline \text { Noon } \\ \text { V37 } \end{array}$ | $\begin{gathered} \text { Dinner } \\ \text { V38 } \\ \hline \end{gathered}$ | $\begin{array}{\|c} \text { Snack } \\ \text { V39 } \end{array}$ | $\begin{array}{\|c} \hline \text { Morning } \\ \text { V36 } \\ \hline \end{array}$ | $\begin{array}{\|l} \text { Noon } \\ \text { V37 } \end{array}$ | $\begin{gathered} \text { Dinner } \\ \text { V38 } \\ \hline \end{gathered}$ | $\begin{gathered} \text { Snack } \\ \text { V39 } \\ \hline \end{gathered}$ | Morning V36 | $\begin{array}{\|c\|} \text { Noon } \\ \text { V37 } \\ \hline \end{array}$ | $\begin{array}{\|c} \hline \text { Dinner } \\ \text { V38 } \end{array}$ | $\begin{gathered} \text { Snack } \\ \text { V39 } \\ \hline \end{gathered}$ | $\begin{array}{\|c} \hline \text { Morning } \\ \text { V36 } \\ \hline \end{array}$ | $\begin{array}{\|c\|} \hline \text { Noon } \\ \text { V37 } \\ \hline \end{array}$ | $\begin{array}{\|c} \text { Dinner } \\ \text { V38 } \\ \hline \end{array}$ | $\begin{gathered} \text { Snack } \\ \text { V39 } \end{gathered}$ |  |
| Day 1 (V30) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Day 2 (V31) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Day 3 (V32) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Day 4 (V33) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Number of meals/person (V34) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Total Persondays |
| Calculate number of person-days (V35) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

* Line number for guests is -2 .
** 1 male 2 female
*** 1 very light physical activity (working in a sitting position, e.g., office worker watch repairer, etc.)
3 moderate physical activity (student, driver, electrician, metal worker, etc.)
5 very heavy physical activity (loader, logger, miner, stonecutter, etc.)
+ 1 eat meal at home 0 eat no meal at home

[^0]TABLE 4 RECORD OF DAILY FOOD
Household ID: $\qquad$ ___ Site (T2)
____City (County) (T3) $\qquad$ Neighborhood (Town/Village) (T4) $\qquad$
Name Line Number(A1)

|  | Day 1 (VD1) |  |  |  |  |  |  | Day 2 (VD2) |  |  |  |  |  |  | Day 3 (VD3) |  |  |  |  |  |  |
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|  | Breakfast* | Lunch |  |  | Dinner |  |  | Breakfast | Lunch |  |  | Dinner |  |  | Breakfast | Lunch |  |  | Dinner |  |  |
| $\left\lvert\, \begin{gathered} \text { Foo } \\ \text { d } \\ \text { Type } \end{gathered}\right.$ | Code of Ingredients V14 | Name of Ingredients | $\begin{array}{\|c\|} \text { Amount } \\ \text { (liang) } \\ \text { V39 } \end{array}$ | $\begin{array}{\|c\|} 1 \\ \text { Meal } \\ \text { Time } \\ \text { Vim0 } \end{array}$ | $\left\lvert\, \begin{gathered} 2 \\ \text { Meal } \\ \text { Location } \\ \text { V41 } \end{gathered}\right.$ | $\begin{gathered} 3 \\ \text { Preparation } \\ \text { Method } \\ \text { V42 } \end{gathered}$ |  | Code of Ingredients V14 | Name of Ingredients | $\begin{array}{\|l\|l} \text { Amount } \\ \text { (liang) } \\ \text { V39 } \end{array}$ | $\begin{array}{\|c\|c\|} 1 \\ \text { Meal } \\ \text { Mime } \\ \text { V40 } \end{array}$ | $\begin{array}{\|c\|} 2 \\ \text { Meal } \\ \text { Location } \\ \text { V41 } \\ \hline \end{array}$ |  |  | Code of Ingredients V14 | Name of Ingredients | $\begin{array}{\|c} \text { Amount } \\ \text { (liang) } \\ \text { V39 } \end{array}$ | $\begin{array}{\|c} 1 \\ 1 \\ \text { Meal } \\ \text { Time } \\ \text { V40 } \\ \hline \end{array}$ | $\begin{array}{\|c} 2 \\ \text { Meal } \\ \text { Location } \\ \text { V41 } \\ \hline \end{array}$ |  |  |
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1. 1--breakfast 2 --morning snack 3 --lunch 4 --afternoon snack 5 --dinner 6 --evening snack
2. 1--at home 2--at school or work unit 3--restaurant or food stand 4-realtive's or friend's house 5--nursery school 6--festival / celebration 7--other
3. 1 --boiled 2 --stir-fried 3 --deep-fried 4 --steamed 5 --griddle 6 --cooked food 7 --baked 8 --eaten raw 9 --other

1 --at home 2--at school or work unit 3 --restaurant or food stand 4 --realtive's or friend's house 5 --nursery school 6 -festival / celebration 7 --other * meal time: eat meal 1 eat no meal 0


[^0]:    2 light physical activity (working in standing position, e.g., salesperson, laboratory technician, teacher, etc.)
    4 heavy physical activity (farmer, dancer, steel worker, athlete, etc.)
    6 no working ability (under age seven)

