## CHINA ECONOMIC, POPULATION, NUTRITION, AND HEALTH SURVEY

 Q Q1991 HOUSEHOLD NUTRITION SURVEY

1. Name and line number of the most important person in planning meals in the household. Name $\qquad$ Line Number $\square \square$ V1

Name and line number of the assisting person in planning meals in the household.
2. Name and line number of the most important person in preparing meals in the household. Name and line number of the assisting person in preparing meals in the household.

Name $\qquad$ Line Number $\square \square$ V2

Name $\qquad$ Line Number $\square \square \vee$ Name $\qquad$ Line Number $\square \square$
3. Survey of household major food sources for the last month.

TABLE 1

| Code | Item | State Store Rations |  | State Store Market Price |  | Free Market |  | Household-Produced |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Bought?* <br> (1/0) | Quantity? | Bought?* <br> (1/0) | Quantity? | Bought?* <br> (1/0) | Quantity? | Bought?* <br> (1/0) | Quantity? |
|  | rice | V6 $\begin{array}{ll} \\ \\ \\ \\ \square\end{array}$ |  | V8 |  | V10 |  | $\begin{array}{\|ll} \hline \mathrm{V} 12 & \\ & \square \end{array}$ | $\begin{aligned} & \hline \mathrm{V} 13 \\ & \square \square \square \end{aligned}$ |
| 2 | wheat flour | $\square$ | $\square \square \square$ | $\square$ | $\square \square \square$ | $\square$ | $\square \square \square$ | $\square$ | $\square \square \square$ |
| 3 | other grains | $\square$ | $\square \square \square$ | $\square$ | $\square \square \square$ | $\square$ | $\square \square \square$ | $\square$ | $\square \square \square$ |
| 4 | cooking oil | $\square$ | $\square \square \cdot \square$ | $\square$ | $\square \square \cdot \square$ | $\square$ | $\square \square \bullet \square$ | $\square$ | $\square \square \bullet \square$ |
| 5 | eggs | $\square$ | $\square \square$ | $\square$ | $\square \square$ | $\square$ | $\square \square$ | $\square$ | $\square \square$ |
| 6 | pork (or beef or mutton) | $\square$ | $\square \square$ | $\square$ |  | $\square$ | $\square \square$ | $\square$ | $\square \square$ |
| 7 | sugar | $\square$ | $\square \square \cdot \square$ | $\square$ | $\square \square \cdot \square$ | $\square$ | $\square \square \cdot \square$ | $\square$ | $\square \square \cdot \square$ |

* Record 1 if bought or household-produced; otherwise, record 0.

TABLE 2 RECORD OF HOUSEHOLD FOOD AMOUNTS

| Household ID: |  |  | Province (T1) |  | Site (T2) |  | City (County) (T3) |  |  |  | Neighborhood (Town/Village) (T4) |  |  |  | Household (T5) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\left\lvert\, \begin{aligned} & \text { Food } \\ & \text { Fode } \\ & \text { (V14) } \end{aligned}\right.$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Food <br> Name |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Each Day |  | $\left.\right\|_{\substack{\text { Amount } \\ \text { disoarded } \\ \text { (50angm } \\ \text { (v25) }}}$ |  |  |  |  |  |  |  |  |  |  |  |  |  | V25) |  | $\begin{aligned} & \text { 500gm } \\ & \text { v25) } \end{aligned}$ |
| $\begin{array}{\|l\|l\|} \hline \text { Day } 1 \\ (\text { V16 }) \end{array}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{array}{\|l\|l\|l\|l\|l\|} \hline \text { Day } 2 \\ \text { (V17) } \end{array}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{array}{\|l\|l} \hline \text { Day } 3 \\ \text { (V18) } \end{array}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\begin{array}{\|l\|l} \hline \text { Day } 4 \\ \text { (V19) } \\ \hline \end{array}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $\left[\begin{array}{l} \text { Total (500 } \\ \text { Tollinion } \\ (120) \end{array}\right.$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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TABLE 3 RECORD OF HOUSEHOLD MEALS PER PERSON PER DAY

| Household ID: | Province (T1) |  |  |  | Site (T2) |  |  |  | City (County) (T3) |  |  |  |  | Neighborhood (Town/Village) (T4) |  |  |  |  |  |  |  | Household (T5) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Line Number (A1)* | $\square \square$ |  |  |  | $\square \square$ |  |  |  | $\square \square$ |  |  |  | $\square \square$ |  |  |  | $\square \square$ |  |  |  | $\square \square$ |  |  |  | $\square \square$ |  |  |  |
| Name |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Age (years)(V26) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Occupation (V27) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Activity Level** (V28) |  | $\square$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Time | $\begin{gathered} \text { Morning+ } \\ \text { V35 } \end{gathered}$ | $\left\|\begin{array}{c} \text { Noon } \\ \text { V36 } \end{array}\right\|$ | $\begin{array}{\|c} \text { Dinner } \\ \text { V37 } \end{array}$ | $\begin{array}{\|c\|} \text { Snack } \\ \text { V38 } \end{array}$ | Morning V35 | Noon V36 | $\begin{array}{\|c} \text { Dinner } \\ \text { V37 } \end{array}$ | $\begin{array}{c\|} \text { Snack } \\ \text { V38 } \end{array}$ | Morning | $\left\lvert\, \begin{gathered} \text { Noon } \\ \text { V36 } \end{gathered}\right.$ | $\begin{array}{\|c} \hline \text { Dinner } \\ \text { V37 } \end{array}$ | $\begin{gathered} \text { Snack } \\ \text { V38 } \end{gathered}$ | $\begin{gathered} \text { Morning } \\ \text { V35 } \end{gathered}$ | $\left\|\begin{array}{c} \text { Noon } \\ \text { V36 } \end{array}\right\|$ | $\left\|\begin{array}{c} \text { Dinner } \\ \text { V37 } \end{array}\right\|$ | Snack V38 | $\begin{gathered} \text { Morning } \\ \text { V35 } \end{gathered}$ | $\left\lvert\, \begin{gathered} \text { Noon } \\ \text { V36 } \end{gathered}\right.$ | Dinner V37 | $\left\lvert\, \begin{gathered} \text { Snack } \\ \text { V38 } \end{gathered}\right.$ | Morning V35 | Noon V36 | $\begin{array}{\|c} \text { Dinner } \\ \text { V37 } \end{array}$ | $\begin{array}{\|c\|} \text { Snack } \\ \text { V38 } \end{array}$ | Morning V35 | Noon V36 | $\begin{gathered} \text { Dinner } \\ \text { V37 } \\ \hline \end{gathered}$ | $\begin{gathered} \text { Snack } \\ \text { V38 } \end{gathered}$ |
| Day 1 (V29) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Day 2 (V30) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Day 3 (V31) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Day 4 (V32) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Number of meals/person (V33) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Calculate number of person-days (V34) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

* Line number for guests is -2 .
+ 1 eat meal 0 no meal
** 1 very light physical activity (working in a sitting position, e.g., office worker, watch repairer, etc.)
3 moderate physical activity (student, driver, electrician, metal worker, etc.)
5 very heavy physical activity (loader, logger, miner, stonecutter, etc.)

2 light physical activity (working in standing position, e.g., salesperson, laboratory technician, teacher, etc.)
4 heavy physical activity (farmer, dancer, steel worker, athlete, etc.) 6 not applicable (under age seven)

TABLE 4 RECORD OF DAILY FOOD

| Household ID |  | Site (T2) | City (County) (T3) | Neighborhood (Town/Vilage) (T4) | Household |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Name__Line $\operatorname{Number}(\mathrm{A} 1)$ _ _ _ _ _ _ |  |  |  |  |  |


|  | Day 1 (VD1) |  |  |  |  |  |  | Day 2 (VD2) |  |  |  |  |  |  | Day 3 (VD3) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| pe | $\begin{gathered} \text { Code of } \\ \text { Ingredients } \\ \text { V14 } \end{gathered}$ | Name of | Amoun <br> ( 50 gms ) <br> [liang] V39 | $\underset{\substack{1 \\ \text { Mimal } \\ \text { Time } \\ \text { The }}}{ }$ | $\begin{gathered} 2 \\ \text { Meal } \\ \text { Location } \end{gathered}$ | $\begin{gathered} \text { Preparation } \\ \text { Pentaon } \\ \text { M442 } \\ \text { N40 } \end{gathered}$ |  | $\begin{array}{\|c} \begin{array}{c} \text { Code of of } \\ \text { Ingreienis } \end{array} \\ \text { V14 } \end{array}$ | $\left\lvert\, \begin{aligned} & \text { Name of } \\ & \text { nggredients } \end{aligned}\right.$ | $\begin{gathered} \text { Amount } \\ (50 \mathrm{gms}) \\ {[\text { [liang] }} \\ \text { V39 } \\ \hline \end{gathered}$ | $\begin{array}{\|c} 1 \\ \begin{array}{c} 1 \\ \text { Mial } \\ \text { Time } \\ \text { V40 } \end{array} \end{array}$ | $\underset{\substack{\text { Meal } \\ \text { Location } \\ \text { Lati }}}{2}$ |  | $\begin{array}{\|c} \text { Preparation } \\ \substack{\text { Leopation } \\ \text { V43 }} \\ \text { Vion } \end{array}$ | Code of $\begin{gathered}\text { lingreients } \\ \text { V14 }\end{gathered}$ | Name of Ingredient | Amoun <br> ( 50 gms ) <br> [liang] V39 | $\begin{gathered} 1 \\ \begin{array}{c} 1 \\ \text { Meal } \\ \text { Time } \\ \text { V40 } \end{array} \end{gathered}$ | $\begin{gathered} \text { Meal } \\ \text { Localion } \\ \text { Locion } \\ \text { V41 } \end{gathered}$ |  | $\begin{array}{\|c} 4 \\ \substack{\text { Preparation } \\ \text { Location } \\ \text { V43 }} \\ \hline \end{array}$ |
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[^0]
[^0]:    1. 1--breakfast 2--morning snack 3--lunch 4--afternoon snack

    5--dinner
    6--evening snack
    2.4. 1--at home 2--prepared at home, eaten at school or work unit 3 --bought at restaurant or food stand, eaten at home 4 -restaurant 5 --food stand

    6 --work unit or school dining hall 7 --relative's or friend's house 8 --festival/celebration 9--nursery school 10--other
    3. 1--boiled 2 --stir-fried 3 --deep-fried 4 --steamed 5 --griddle 6 --cooked food 7 --baked 8 --eaten raw 9 --other

